

Community Nutrition/Obesity Prevention Division and Future Farmers of America
Worksite Wellness Initiative

Purpose:

In January 2007, the Future Farmers of America Organization (FFA) in conjunction with Indiana State Department of Health's Community Nutrition/Obesity Prevention (CNOP) Division implemented a Pilot Worksite Wellness Initiative at FFA. This program was designed to address the growing concern between a healthy lifestyle and overall employee wellness.



About Future Farmers of America

The National FFA Organization is dedicated to making a positive difference in the lives of students by developing their potential for premier leadership, personal growth and career success through agricultural education. The FFA employs approximately 150 individuals at their northwest Indianapolis location.

Events:

April 18, 2007

FFA Wellness Kick-off

-Food Preparation Demonstration

-Healthy Lifestyle Information

-Question and Answer Session

June 2007

Food Safety and Handling

Fun and Healthy Grilling Recipes

Links:

Future Farmers of America

www.FFA.org

Indiana State Department of Health

www.in.gov/isdh/

For more information on getting your company or organization involved please email bwoodford@isdh.in.gov or call Brittini Woodford at 317-233-7092.